

St. Agnes Confirmation Program for Teens



The St. Agnes Confirmation Program is designed to help candidates understand the presence of the Holy Spirit in their lives, to help them mature in their faith, and to provide opportunities to put their faith into practice.

Our Confirmation program generally will take one year. Students move through each phase according to their readiness based on attendance, self-evaluations and interviews. All teens must have been actively involved in a Catholic religious education program for one or more years immediately prior to participation in the program. The program is designed to help our teens come to a deeper understanding of how the Holy Spirit works in their lives and in the life of the Church, and how they can interact with that Spirit to lead a life that will draw them into a closer relationship with our Lord Jesus Christ.

Fifteen is the minimum age for Confirmation in the Diocese of San Diego.

Expectations of Confirmation Candidates:

- Prompt and regular class attendance
 - Active participation in class
 - Weekly attendance at Sunday Mass and Mass Reflection Sheets
 - Completion of 20 service hours (see Christian Service handout for more information)
 - Participation in the Sacrament of Reconciliation
 - Participation in parent/sponsor/candidate meeting
 - Attendance at a day of reflection in December 2016 (all day on a Sunday)
 - Attendance at the St. Agnes Stations of the cross and soup supper (one Friday during Lent)
 - Attendance at a weekend retreat in March 2017
 - Informal Interview with staff to demonstrate readiness to receive the Sacrament
 - Rehearsal for Confirmation celebration with sponsor
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- * Weekly sessions beginning in September -May
 - * Monday evenings from 7:00 p.m. to 8:15 p.m.
 - * Topics: Faith, God , Jesus, Holy Spirit, Creed, Mary, Liturgical Year, Ten Commandments, Morality, Free Will, Sin, Prayer, Sacraments, Immediate Preparation for celebration of Confirmation

Students are required to know a number of prayers before being confirmed. Confirmation takes place during the Easter season, a date determined by the Bishop.



ST. AGNES RELIGIOUS ED

CHRISTIAN SERVICE VERIFICATION FORM

STUDENT SECTION:

STUDENTS NAME: _____ CLASS OF 20 _____

NAME OF ORGANIZATION/AGENCY: _____

ORGANIZATION/AGENCY CONTACT PERSON: _____

PHONE NUMBER OF CONTACT PERSON: (_____) _____

E MAIL ADDRESS OF CONTACT PERSON: _____

DATE (S) OF SERVICE: _____ TO _____
Month/Date/Year Month/Date/Year

DESCRIPTION OF SERVICE:

SUPERVISOR SECTION (Please verify student service and add a comment if desired):

COMMENTS:

TOTAL HOURS _____

SUPERVISORS SIGNATURE _____ DATE _____

Hours documented must only represent the actual time spent volunteering, travel time or sleep time in an overnight setting should not be included. Neither the student, nor anyone related to the student, may sign this form.

Please direct any questions regarding our Religious Ed Service Program to:
Katie Treadwell, DRE, Saint Agnes Religious Education
1140 Evergreen Street, San Diego, Ca 92106
619-223-9748 kati treadwell.saintagnes@yahoo.com

St. Agnes Christian Service Requirements

“Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.”

–Matthew 25:40

Requirements: Confirmation Students and students in grades 7 and 8 are required to complete service hours. The Confirmation requirement is 20 hours per year, while the requirement for grades 7 and 8 is 10 hours each year. We encourage students to provide service to St. Agnes Parish (children’s liturgy helper, altar serving, etc.). Documentation of service hours must be submitted by the first week of May.

What is service?

You have an opportunity to grow in your faith and knowledge of the world by offering your talents in service to others. Service is volunteer activity that goes beyond the help you lend to your immediate and extended families. It is a giving of your time for an organization that serves the community, for which you do NOT receive compensation, awards, or recognition. Some examples include serving the poor, visiting the elderly/infirm, volunteering for a non-profit service organization, tutoring young children, etc. When you reach out to help people living in the community (city, state, world), you are doing a form of community service.

When thinking about whether your chosen activity “counts” as service, remember some of the Corporal Works of Mercy: Feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, and visit the sick. Will the work you will do help to achieve one of these goals of charity toward your neighbor? If so, you are definitely on the right track, though not all service you do must achieve one of these specific goals. Other service might include serving dinner in the hall, being an altar server, setting up tables and chairs, etc.

Where do I serve?

When choosing an organization to work with, remember that there are two types of service:

Direct Service: Direct service puts you into contact with a person who is in some way marginalized. For example, serving at a soup kitchen, visiting a nursing home, or tutoring younger children are all types of direct Christian service

Indirect Service: Indirect service is an activity that does not put you in direct contact with a marginalized person, but does benefit those in need. For example, Habitat for Humanity, Father Joe’s Thanksgiving 5K walk, working at the Food Bank, and any clothing or food drives are all types of indirect Christian service.

The organization for which you provide service *must not be in conflict with the values and beliefs of the Roman Catholic Church*. You may choose to serve with one of the organizations on the list of approved service sites or you may get approval from Mrs. Gonzalez if you plan to give service to an individual or organization not included on the list. **Please get approval BEFORE completing service hours if not choosing from the list of pre-approved sites.**

Some Suggested Service Sites

Site Name	Address	Phone/Website	Description
Father Joe's Villages	3350 E Street San Diego, CA 92102	1-800-HOMELESS	Food service, tutoring, assisting residents
Birthline San Diego	3660 Clairemont Dr. Ste 4 San Diego, CA 92117	858-270-2491 Website: birthlineofsandiego.org	Various
Noah Homes (Residence for adults with developmental disabilities)	12526 Campo Road Spring Valley, CA 91978	619-660-6200 http://www.noahhomes.org/volunteers.php	Office help, play games with residents, car wash, exercise
Catholic Charities	Various centers throughout San Diego county	619-231-2828 http://www.ccdsd.org/docs/VolunteerOpportunities.pdf	Emergency services, senior care, women's center, immigrant center
Feeding America	9455 Waples Street, Suite 135 San Diego, CA 92121	Contact Teresa Dale or Sam Duke 858-452-3663 x100 Email: volunteersd@feedingamericasd.org website: www.feedingamericasd.org	Processing, sorting, packing food for the hungry
San Diego Food Bank	9850 Distribution Avenue San Diego, CA 92121	858-527-1419 http://sandiegofoodbank.org/volunteer/	Processing, sorting, and packing food for the hungry
Bay View Assisted Living Facility	3219 Canon St San Diego, CA 92106	619-225-5616	Visit with elderly Alzheimer's and dementia patients & assist with activities as needed